# Spiral peyote <br> Use graduated beads to create a natural twist 

by Anna Elizabeth Draeger



Hone your peyote skills with this easy bracelet.
Memory wire holds and mimics the shape of the tube, but you can also make the tube longer for a textured, chunky choker.

## stepbystep

[1] On a comfortable length of Fireline, pick up five $11^{\circ}$ seed beads, one $8^{\circ}$ seed bead, two $6^{\circ}$ seed beads, two $8^{\circ}$ s, and two $10^{\circ}$ triangles. Tie the beads into a ring with a square knot (Online Basics), leaving a $10-\mathrm{in}$. $(25 \mathrm{~cm})$ tail. Sew through the first two $11^{\circ} \mathrm{s}$ again (figure 1).
[2] Working in tubular peyote stitch (Online Basics), pick up one bead per stitch in the following order: an $11^{\circ}$, an $11^{\circ}$, an $8^{\circ}$, a $6^{\circ}$, an $8^{\circ}$, and a triangle. Step up through the first $11^{\circ}$ added in the round (figure 2).
[3] Repeat step 2 until your tube is 1 in . $(2.5 \mathrm{~cm})$ shorter than the desired length.
[4] Work three rounds with one $11^{\circ}$ per stitch. Work a decrease round with $11^{\circ} \mathrm{s}$, adding an $11^{\circ}$ every other stitch. Work one more round, adding an $11^{\circ}$ between each pair of $11^{\circ}$ s in the previous round. Retrace the thread path of the last round to reinforce it, and pull the beads into a tight ring. Secure
the working thread with a few half-hitch knots (Online Basics), and trim.
[5] Cut a piece of memory wire to the length of your tube. With sturdy roundnose pliers, make a small simple loop on each end to prevent the wire ends from poking out of the beadwork.
Insert the memory wire into the tube. If the bracelet doesn't hold its shape, insert a second piece of memory wire.
[6] Using the tail, repeat step 4 on the other end of the bracelet.

## MATERIALS

bracelet $9 \mathrm{in}. \mathrm{(23} \mathrm{cm)}$

- seed beads 10 g size $6^{\underline{o}}$
15 g size $8^{\circ}$
20 g size $11^{\circ}$
- 10 g size $10^{\circ}$ triangles
- bracelet-diameter memory wire
- Fireline 6 lb . test
- beading needles, \#12
- sturdy roundnose pliers
- memory wire cutters


FIGURE 1


## DESIGNER'S

 NOTE: To make a necklace, simply make a longer tube, and insert a length of necklace-diameter memory wire into the tube.

FIGURE 2


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